



# YardHemo<sup>+</sup>

 **50** VEGAN CAPSULES | Nutraceutical

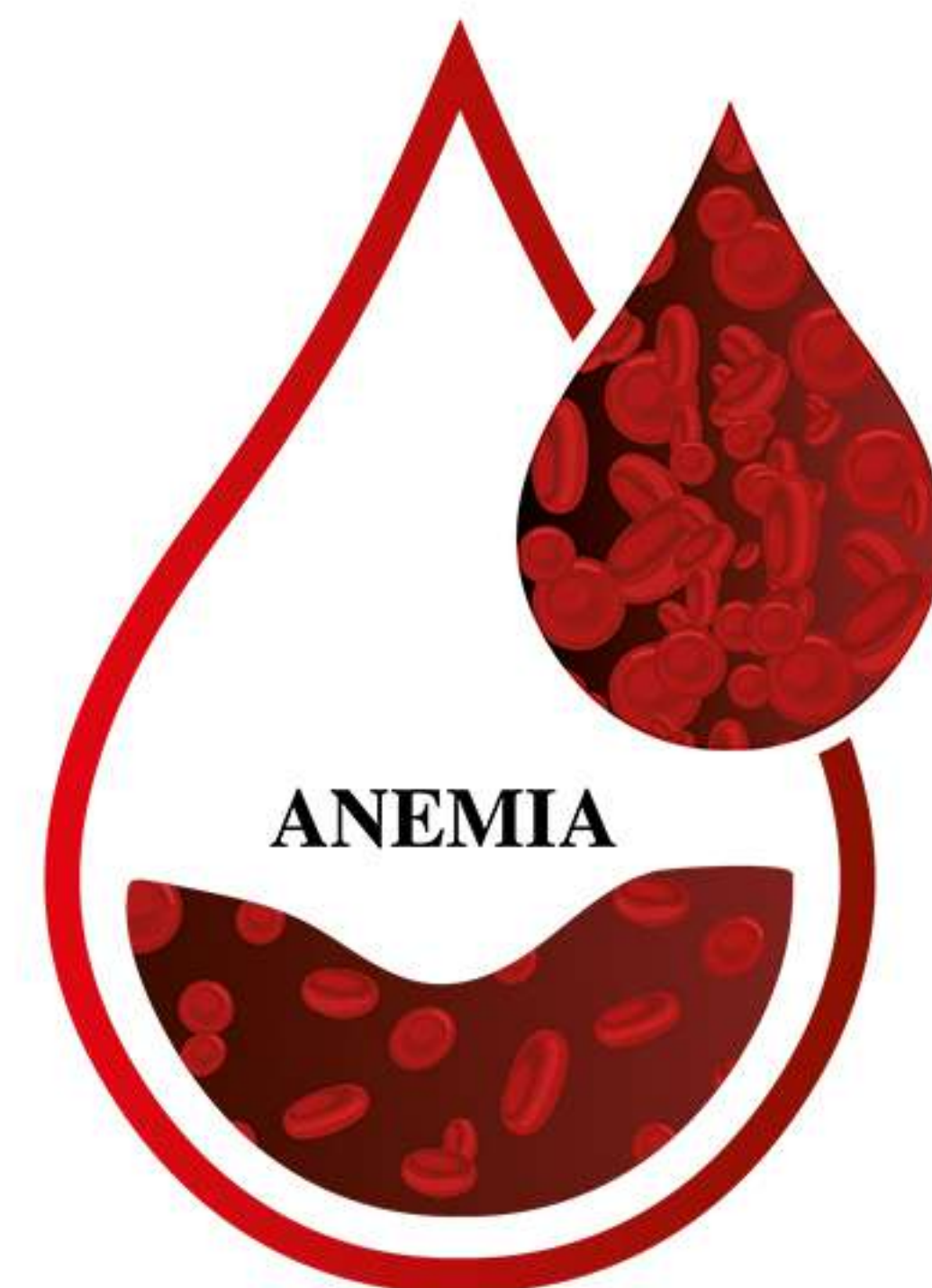
People need nutrient-rich food intake for the survival. We get nutrition from **Macro nutrients derived from Carbohydrate, Protein and Fat rich food in adequate quantity to ensure provision of energy, body growth, brain development and muscle building.**

Foods also contain **vitamins and minerals, termed as Micro nutrients to enable our body getting protected from disease**

## Deficiency of Vitamins and Minerals can cause lots of adversities in Human Body

### Vitamin Deficiency diseases

- ✓ Anemia
- ✓ Childhood night blindness
- ✓ Beriberi
- ✓ Scurvy
- ✓ Ricket
- ✓ Haemorrhage



Anemic Red Blood Cell

### Mineral deficiency diseases

- ✓ Risk of morbidity in children up to six years old.
- ✓ Hypothyroidism
- ✓ Osteoporosis
- ✓ Goitre
- ✓ Paralysis
- ✓ Reduced energy levels
- ✓ Weakness
- ✓ Muscle and Nerve problem
- ✓ Among all the deficiency disease, Anemia is the most
- ✓ threatening problem in India.



● Among all the deficiency diseases, Anemia is the most threatening problem in India.

# Statistical Records on Anemia Prevalence in India

## Anaemia prevalence in children and women

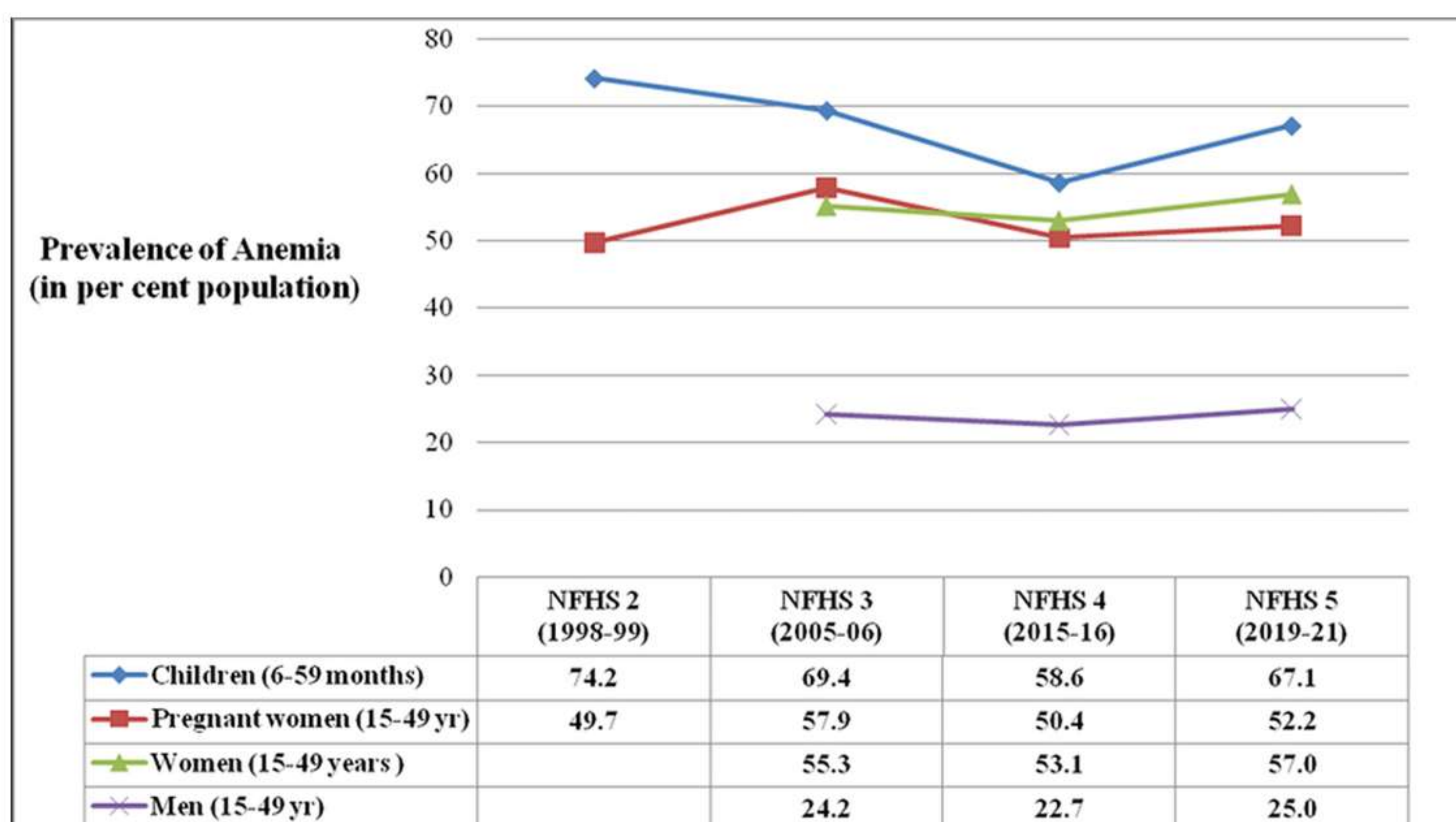
A study reveals that more than 68% of children and 66% of women in India were anaemic in the year 2019 and the problem is increasing quite high (ncbi.nlm.nih.gov, 2024).

## Anaemia prevalence in adolescents

Research on adolescents aged 15–18 years revealed that in 2023, approximately 55% of young Indian women and 31% of young men were anaemic (ncbi.nlm.nih.gov, 2024).

## Anaemia prevalence in states

As per study made on eight states in India expresses that the overall prevalence of iron deficiency was more than 18% and the highest prevalence was seen among adolescent girls (31% approx.) followed by adult women and elderly women (ncbi.nlm.nih.gov, 2024).



Prevalence of Anemia (%) in Indian Population from NFHS-2 to NFHS-5

(Researchgate.net, 2024)

## ICMR-NIN recommendation regarding RDA value

To overcome the nutritional deficiency, people need to focus on their daily food intake. *As per the recommendation of ICMR-NIN, the nutritional value of our daily food intake should match the RDA value (the amount of nutrients sufficiently required by a healthy person each day).*



RDA value requirement varies depending on some factors like age, body weight, gender, physiological status and physical activities

## Synthetic Vitamins- Minerals: How much safe?

In market, lots of *synthetic vitamins and minerals are available which are* produced in laboratories or factories through extraction or chemical reaction method to prevent nutritional deficiencies but they might have lots of side effects.



**Synthetic capsules**

## What is natural solution of the problem?

Let's focus on the natural solution of the problem. *YardHemo<sup>+</sup>* has been designed to fulfil the requirement of natural vitamins and minerals in your body as per RDA value. It is 100% plant extraction based premium quality vitamins and minerals supplement to provide varieties of phytonutrients like polyphenols, flavonoids, antioxidant etc. for supporting complete wellness.



# YardHemo<sup>+</sup>



## What is natural solution of the problem?

*YardHemo<sup>+</sup>* contains Piper Nigam extract to provide Piperine 95% which enhances the absorption rate of vitamins, minerals and other nutrients by multiple times.

# YardHemo<sup>+</sup>



## Benefits of YardHemo+

- 1** It can support a healthy pregnancy and lowers the risk of birth defects of the brain and spine.
- 2** It can increase sperm production and reduce the percentage of defective sperm.
- 3** It can take care of your respiratory health, digestive health, metabolism function and Immune system
- 4** It can help regulating blood sugar level by improving insulin resistance.
- 5** It can help to keep your heart healthy by lowering LDL cholesterol and raising HDL cholesterol.
- 6** It can support eye health and sharpen vision.
- 7** It can help in combating skin damage, dark circles and aging.
- 8** It can help lowering fatigue and stress level
- 9** It can help in combating skin damage, dark circles and aging.
- 10** It can be helpful in haemoglobin production.



## Benefits of YardHemo+

11

It can improve sleep quality.

12

It may enhance memory.

13

It can help keeping your body's blood and nerve cells healthy and helps in making DNA.

14

It can also help in preventing megaloblastic anaemia.

15

It can help in weight loss.

16

It can improve memory and brain health.

17

It can be helpful in degenerative conditions like Alzheimer's and Parkinson's.

18

This can help building strong muscles by repair damage and promoting healthy cells.

19

It can be helpful in maintaining optimal prostate health

20

It can play a critical role in wound healing, cell division, tissue repair and collagen synthesis



## CORPORATE ADDRESS

BUSINESS AT PLOT NO. S-45, KASBA INDUSTRIAL ESTATE,  
PHASE-III, E.M.BYEPASS, ANANDAPUR, P.S. ANANDAPUR,  
KOLKATA - 700107

 Customer care no- 033 4810 6029,  7439763048,  [customercare@myyardlabs.com](mailto:customercare@myyardlabs.com)